

MARKHAM STOUFFVILLE									
Group	Date	Location	Age	Time	Cost	Provider	Contact #	Telephone #	Language
PROGRAMS FOR PARENTS									
AOK Early Child Development and Parenting Program	Sept - June	St. James Presbyterian Church, 6432 Main St, Stouffville	0-6 years	Th - 9:00-11:00	Free	Pathways	Yonne Dong	905-471-1620	All Lanuages
AOK Early Child Development and Parenting Program	Sept - June	Unionville Library, 15 Library Lane, Unionville	0-6 years	Th 9:30-11:30	Free	Pathways	Yonne Dong	905-471-1620	All Lanuages
AOK Early Child Development and Parenting Program	Sept - June	Markham Library, 6031 Hwy 7 East, Markham	0-6 years	Fri 9:30-11:30	Free	Pathways	Yonne Dong	905-471-1620	All Lanuages
AOK Early Child Development and Parenting Program	Sept - June	Milliken Library, 7600 Kennedy Rd, Unionville	0-6 years	Sat 9:30-11:30	Free	Pathways	Yonne Dong	905-471-1620	All Lanuages
AOK Early Child Development and Parenting Program	Sept - June	Wilclay ES, 60 Wilclay Ave, Markham	0-6 years	Fri 10:45-12:15	Free	Pathways	Yonne Dong	905-471-1620	All Lanuages
AOK Early Child Development and Parenting Program	Sept - June	Pathways, 70 Main St North, Markham	0-6 years	Sat 9:30-11:30	Free	Pathways	Yonne Dong	905-471-1620	All Lanuages
AOK Early Child Development and Parenting Program – Mother Goose	Sept - June	The Lebovic Leisure Ctr, 30 Burkholder St, Stouffville	0-6 years	Mon - 1:00-4:00	Free/call to register	Blue Hills	Deb Manion	905-773-4323 x 300	All Lanuages
AOK Hub Site -Early Child Development & Parenting Programs	Year round	Ashton Meadows ES, 230 Calvert Rd, Markham	0-6 years	M-Th 9:30-11:30	Free	Pathways	Yonne Dong	905-471-1620	All Lanuages
AOK Hub Site -Early Child Development & Parenting Programs	Sept - June	Parkland ES, 18 Coxworth Ave, Markham	0-6 years	M-F 9:00 - 11:00	Free	Family Day	Donna Cree	905-472-9685	All Lanuages
Best Start 0-6		Ashton Meadows	0-6 years			Early Learning & Care Hub/Region of York			
Focus on Fathers - - 6 sessions	Thurs Oct 20 - Nov 24/11	Markham Early Years Centre	Adult	7:00-9:00 pm	Free/Call for info	Catholic Community Services	Jamal	905-770-7040 x 237	English
The Nobody's Perfect Parenting Program increases positive parenting and supports families with children aged one to five.		Markham OEYC	Parents with children aged 1-5	9:30-11:30	Free, Limited daycare provided	Staff at Markham OEYC	Ivy Tong, Shellie Harrison	905-479-0002	English
Triple P 0-12 6 Sessions	Sept 14-Oct 19/11	FSYR Markham 4261 Highway 7 Suite 203	Parents with children 0-12	7:00-9:00pm	Free with \$20 registration fee	Family Services York Region/York Centre		905-415-9719	English
Triple P Tip Sheet Presentation - "Disobedience" 18 months to 3 yrs years		Markham Early Years Centre	3-6 yrs	9:30-11:30	free	Markham Ontario Early years	Carol Wu	905-479-0002 x 223	
Triple P Tip Sheet Presentation - "Self Esteem" 3-6 years		Markham Early Years Centre	3-6 yrs	9:30-11:30	free	Markham Ontario Early years	Carol Wu	905-479-0002 x 223	
PROGRAMS FOR ADULTS									
Surviving Separation - 8 sessions	TBA	FSYR Markham 4261 Highway 7 Suite 203	Adults	6:00-8:30 pm	\$180.00	Family Services York Region	TBA	905-895-2371	English
South Asian Women's Support Group in Tamil - 8 weeks	Wed Sept-Dec	Markham Public School TBA	Women	6:00-8:00 pm	Free	Family Services York Region	Juanit Nathan	416-857-6308	Tamil
South Asian Women's Support Group in Hindi, Punjabi, Gujarati, Urdu & English- 8 weeks	Sept - Dec/11	Markham Welcome Centre 7220 Kennedy Road	Women	6:00-8:00 pm	Free	Family Services York Region	Leena Nayyar	416-818-7075	Hindi, Punjabi, Gujarati, Urdu & English
PROGRAMS FOR CHILDREN AND YOUTH									
Markham Ontario Early Years Centre Host Agency: Family Day Care Services		3990 14th Ave. Markham ON	0 to 6 yrs		free	OEYC-	MaryLou Maher	905-479-0002	

NEWMARKET / AURORA Group	Date	Location	Age	Time	Cost	Provider	Contact #	Telephone #	Language
PROGRAMS FOR PARENTS									
Asperger's Parent Support Group	Third Thursday each Month	34 Berczy St. Aurora	Any age	7:00-9:00 pm	Free	Kerry's Place Autism Services	Intake	905-713-6808 x350	English
Bereaved Families of Ontario - YR	On going - TBC	York region locations	all ages		free	Bereaved Families of Ontario	www.bfovr.com	905-898-6265	
Best Start 0-6		Holland Landing	0-6 years			Region of York	Bernice Landry		
P.E.G. Parent Education Group		ASYR office 15150 Yonge St. # 201		6:30-8:00pm		Addiction Services for York Region	Judy/Karin	905-841-7007 x 322	
Parenting for Life - 6 weeks	Wed Oct 12 - Nov 16/11	FSYR Newmarket Rm 207	Adults	6:30-8:30	\$140/one parent or \$170 couple	Family Services York Region	Intake	905-895-2371	English
Preparing New Parents Program - 5 weeks	Wed Oct 12 - Nov 9, 2011	Ontario Early Years Centre Newmarket	Parents with child under 2	7:00-9:00 pm	free/call to registration	CCSYR	Intake	905-770-7040 ex 241	english
Triple P 2-3 groups (for ages 4-9, 10-13 & 14-17 Years)	Internal Referrals only	Hartman Public School	4-9, 10-13, & 14-17 Years			Kinark	Joanne Hoffman		
Triple P - Conversations with Judi - Share your questions and concerns		Newmarket Public Library - Children's Services	Parents	9:45-10:30	free/call	Kinark/YRDSB/Aurora Public Library		905-953-5110 x 4680	English
Triple P - Tip Sheet Presentations - Coping with Stress - All Parents	Sept 28/11	Aurora Public Library	parents	7:00-9:00 pm	free / call for registration	Family Services York Region/YRDSB	Linda Caron	905-727-9493 option 4	English
Triple P - Tip Sheet Presentations - Friends and Relationships - 12 to 12 years	Nov 30/11	Aurora Public Library	parents	7:00-9:00 pm	free / call for registration	Family Services York Region/YRDSB	Linda Caron	905-727-9493 option 4	English
Triple P - Tip Sheet Presentations - Homework - 6 to 10 years	Oct 26/11	Aurora Public Library	parents	7:00-9:00 pm	free / call for registration	Family Services York Region/YRDSB	Jamal Gharvari	905-727-9493 option 4	English
Triple P Parenting Program for Parents of 2 to 12 yrs - 8 Week		Kinark-24 Orchard Heights Blvd. Unit 101 A Aurora	2-12 yrs	6:30-8:30		Kinark		905-713-0700 x 3618	English
Triple P Postive Parenting Group - for parents of children 3-7 years old - 8 weeks		Maple Leaf Public School 155 Longford Dr. Nwkt	parents	7:00-9:00 pm	free/call for registration	Kinark Child and Family Services	Judi Redmon	905-713-0700 x 3608	English
PROGRAMS FOR ADULTS									
Anger Management - Men - 12 Tuesdays	Tues Sept 20-Dec 6/11	FSYR Newmarket	Mens group	7:00-9:00	\$205.00	Family Services York Region	John O'Mara	905-895-2371	English
Challenge of Anger Women's Group 12 Thursdays	Sept 29 - Dec 15/11	FSYR Newmarket	women	6:30-8:30 pm	\$205.00	Family Services York Region	Pam Heron	905-895-2371	English
Expressive Art & Parenting Group	Tuesdays	FSYR Newmarket	Mothers under 24 yrs of age	10:00 am - 12:00	\$25.00 Art supplies	Family Services York Region/Rose of Sharon	Anna Sousa	905-895-2371	English
LGBT Workshop- Gay Relationships		York Support Services, 102 Main St. Nwkt		7-9:00 pm	Free	LGBT Community Outreach Project	Barb Urman 905-895-2371 x 256	Maria Cetnar 905-895-9777 e 251	English
LGBT Workshop-Exploring our Sexuality in the Context of Our Religious & Spiritual Values		Aurora Public Library 15145 Yonge St.		7-9:00 pm	Free	LGBT Community Outreach Project	Barb Urman 905-895-2371 x 256	Maria Cetnar 905-895-9777 e 251	English
Loss Drop In - Bereaved families		17070 Yonge St. Suite 203, Nwkt		7:00-9:00 pm	free	Bereaved Families of Ont-York Region		905-898-6265	English
Newcomer Women's Support Group	Oct 3 & 10/11	Newmarket Welcome Centre	Women	6:00 - 8:00 pm	free / call for info	Catholic Community Services	Intake	905-770-7040 X 241	Spanish
Reconnecting Fathers - 8 sessions	Tues Oct 18 - Dec 6/11	Ontario Early Years Ctr Aurora		7:00-9:00 pm		Catholic Community Services	groups@ccsyv.org	905-770-7040 x241	English
York Region Abuse Program - Gay, Bisexual & Trans Men's Therapy Group for individuals who have experienced childhood sexual abuse. 10 weeks	Mon Jan 10-Mar 14/11	York Region Abuse Program 17705 Leslie St Unit 12	women	6:00-8:00 pm	free/call to register	York Region Abuse Program	s.joseph@yrp.ca - Shane Joseph.	905-853-3040 x 301	English
York Region Abuse Program - Lesbian, Bisexual & Trans Women's Therapy Group for individuals who have experienced childhood sexual abuse. 10 weeks		York Region Abuse Program 17705 Leslie St Unit 12	women	6:00-8:00 pm	free/call to register	York Region Abuse Program	s.joseph@yrp.ca - Shane Joseph.	905-853-3040 x 301	English
York Region Abuse Program - Men's group - For individuals who have experienced childhood sexual abuse. - 10 weeks		York Region Abuse Program 17705 Leslie St Unit 12	Mens group	6:00-8:00 pm	free/call to register	York Region Abuse Program	s.joseph@yrp.ca - Shane Joseph.	905-853-3040 x 301	English
York Region Abuse Program - Supportive Caregiver's Group - Education and support for caregivers of children 3-12 years who have disclosed sexual abuse.		York Region Abuse Program 17705 Leslie St Unit 12	Adults	6:00-8:00 pm	free call for registration	York Region Abuse Program	s.joseph@yrp.ca - Shane Joseph.	905-853-3040 x 301	English
York Region Abuse Program - Women's group - For women who have experienced sexual abuse as a child or adolescent. - 10 weeks		York Region Abuse Program 17705 Leslie St Unit 12	women	6:00-8:00 pm	free/call to register	York Region Abuse Program	s.joseph@yrp.ca - Shane Joseph.	905-853-3040 x 301	English
PROGRAMS FOR CHILDREN AND YOUTH									
Missing Pieces -The Grief Puzzle - 1day workshop for teens who have experienced the death of a loved one.	TBC	17070 Yonge St. Suite 203, Nwkt		10 am -4:00 pm		Bereaved Families of Ont-York Region		905-898-6265	English
Teen Anger Awareness & Problem Solving (13-16) 8 weeks	Wed Oct 19 - Dec 7/11	FSYR Newmarket 1091 Gorham St. Suite 202	Teens	5:00 - 6:30 pm	\$90.00	Family Services York Region		905-8995-2371	English
York North Ontario Early Years Centre www.ontarioearlyyears.ca Host Agency: York		17310 Yonge Street Unit 6 Newmarket ON	0 to 6 yrs		free	OEYC-		905-853-0754	
York Region Abuse Program - Teen Group - Teenage women who have experienced sexual abuse as a child or adolescent. 10 weeks		York Region Abuse Program 17705 Leslie St Unit 12	women	6:00-8:00 pm	free/call to register	York Region Abuse Program	s.joseph@yrp.ca - Shane Joseph.	905-853-3040 x 301	English

RICHMOND HILL & THORNHILL								
Group	Date	Location	Age	Time	Cost	Provider	Contact	Telephone #
PROGRAMS FOR PARENTS								
1 Family, 2 Homes - 6 sessions	Thurs Nov 3/11	Promenade Mall (suite 313)		6:30-8:00 pm	call for	Jewish Family & Child Service	intake	416-638-7800
Adolescents & Divorce - 1 session	Wed Dec 14/11	Promenade Mall (suite 313)	parents of teens	7:00-9:00 pm	Call for Info	Jewish Family & Child Service		416-638-7800
AOK Early Child Development & Parenting Programs	Year round	The Family Resource Centre, Promenade Mall	0-6 years	M- Sun	free	Prosserman Jewish CC	Fran Chodak	905-882-8509
AOK Early Child Development & Parenting Programs	Sept - June	Lake Wilcox Community Ctr. 81 Wildwood Ave, Oak Ridges	0-6 years	T, Th, 9:00-11:00	free	YMCA	Lisa Mooy	905-883-6901
AOK Early Child Development & Parenting Programs	Sept - June	Moraine Hills ES, 85 Rollinghill Rd, Richmond Hill	0-6 years	Mon 9:30-11:30	free	YMCA	Lisa Mooy	905-883-6901
AOK Early Child Development & Parenting Programs	Sept - June	Charles Howitt ES, 30 Pearson Ave, Richmond Hill	0-6 years	T-F 9:30-11:30	free	York Professional	Rita Spencer Kelly	905-841-1314
AOK Hub Site - Early Child Development & Parenting Programs	Year round	Doncrest PS 124 Blackmore Ave, Richmond Hill	0-6 years	M-F 8:30-10:45	free	Family Day	Timewell	905-731-9596
AOK Hub Site - Early Child Development & Parenting Programs	Sept - June	16th Ave ES, 400 16th Ave, Richmond Hill	0-6 years	T,W 9:30-11:00	free	YMCA	Lisa Mooy	905-883-6901
Best Start 0-6		Early Learning /Doncrest	0-6 years			Region of York		
Best Start 0-6		Ross Doan	0-6 years			Region of York		
COPE, Parenting Program	Tue Oct 18 - Dec 6/11	16th Avenue Public School, Richmond Hill	Parents of children 4-12	6:30-8:30 pm	free	CCSYR	intake	905-770-7040 x 241
Effective Parenting	Wed Nov 16	4600 Bathurst St 1st floor	parents of children 2-11	7:00-9:00 pm	call for	Jewish Family & Child Service	intake	416-638-7800
Farsi Positive Parenting Group (Triple P)	Mon Oct 24- Dec 12/11	OEYC 10610 Bayview Ave unit 9 Richmond Hill		6:30-8:30 pm	free	CCSYR / Family Services York Region	Roya /Jamal	905-883-6572 x 256
Living with Teens - 6 sessions	Thur Nov 3/11	4600 Bathurst St. 1st floor	parents of teens	7:30-9:00 pm	call for	Jewish Family & Child Service	intake	416-638-7800
Parenting the Child with ADHD - 4 sessions	Wed Nov 2/11	4600 Bathurst St 1st floor	Parents	7:30-9:00 pm	free / call	Jewish Family & Child Service	Intake	416-638-7800
Parents and Grandparents	Mon Oct 3 - 31/11	CCSYR Richmond Hill	Couple	7:00-9:00 pm	free/ Call	Catholic Community Services York Region	Intake	905-883-6572
Parents of Teens Group - 6 weeks	Wed Oct 26 - Nov 30/11	CCSYR Richmond Hill 21 Dunlop St	Parents of teens 11-17 years	7:00 - 9:00	free / call	CCSYR	Intake	905-770-7040 x 241
Preparing New Parents Program	Fri Oct 21- Nov 18/11	OEYC, Richmond Hill	Couple	7:00-9:00 pm	free / call	Catholic Community Services	Intake	905-770-7040 x 241
Successful Step-Parenting - 6 Sessions	Wed Nov 9/11	4600 Bathurst St 1st floor		7:30 - 9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800

Teen Triple P Seminar Series in Farsi- Getting Teenagers Connected	Thurs Oct 27/11	Doncrest PS 124 Blackmore Ave, Richmond Hill	Parents of teens	6:00-8:00 pm	free	The York Centre	Sharareh	905-887-5896 x 230
Teen Triple P Seminar Series in Farsi- Raising Competent Teenagers	Thurs Oct 20/11	Doncrest PS 124 Blackmore Ave, Richmond Hill	Parents of teens	6:00-8:00 pm	free	The York Centre	Sharareh	905-887-5896 x 230
Teen Triple P Seminar Series in Farsi- Raising Responsible Teenagers	Thurs Oct 13/11	Doncrest PS 124 Blackmore Ave, Richmond Hill	Parents of teens	6:00-8:00 pm	free	The York Centre	Sharareh	905-887-5896 x 230
Triple P (0-6)	Tues Sept 27 - Nov 15/11	The York Centre 11125 Leslie St, Richmond Hill	parents of children 0 -6	10:00 am - 12 noon	free	The York Centre	Carmen	905-887-5896 ext 298
Triple P - Teens	Mon Oct 24- Dec 12/11	Ontario Early years Ctre Richmond Hill	parents	6:30-8:30 pm	free / call	Catholic Community Services	Intake	905-770-7040 x 241
Triple P Group For parents of children ages 0-12 yrs 6 sessions	Wed Sept 28 - Nov 2/11	RH School TBA	parents	7:00-9:00	registrati on	Family Services York Region		905-895-2371
Triple P Group Parents of Teens 13-16 year old 6 sessions Full	Sept 27 to Nov. 15/11	FSYR Richmond Hill 10610 Bayview Ave. unit 18	parents	6:30:-8:30 pm	registrati on	Family Services York Region		905-895-2371
Triple P Seminar Series	Tues Oct 18 - Nov 1/11	Richmond Hill Central Library	parents	7:00-8:30	free			register at the library
Triple P Seminars Series - Raising Confident, Competent Children	Thurs Apr 14/11	Richmond Hill Central Library	parents	7:00-8:30	registr	YMCA OEYC Oak Ridges	Lisa Mooy	905-883-6901 ex 361
Triple P Seminars Series - Raising Resilient Children	Thurs Apr 28/11	Richmond Hill Central Library	parents	7:00-8:30	registr	YMCA OEYC Oak Ridges	Lisa Mooy	905-883-6901 ex 361
Triple P Seminars Series - The Power of Positive Parenting	Thurs Apr 7/11	Richmond Hill Central Library	parents	7:00-8:30	registr	YMCA OEYC Oak Ridges	Lisa Mooy	905-883-6901 ex 361
Walk a Mile in my Shoes	Thur Oct 27/11	4600 Bathurst St 1st floor	children with learning	7:00-9:00	Call for	Jewish Family & Child Service	Intake	416-638-7800
RICHMOND HILL & THORNHILL								

Programs for Adults

(Re) Discovering Who You Are: Beyond the Disordered Eating Identity - 8 weeks		10155 Yonge ST Richmond Hill		5:30 - 7:00	Free/C all for	Eating Disorders of York Region	call	905-886-6632
Bridge Group for Women - 8 Sessions	Mon Sept 19 - Nov 14/11	CCSYR Richmond Hill	women	6:30-8:30 pm	Free/C all for	Catholic Community Services	intake	905-770-7040 x 241
Challenge of Aner for Women - 6 Sessions	Thurs Nov 3/11	4600 Bathurst St. 1st floor	women	7:30-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
Dating in Midlife	Thurs Nov 17/11	4600 Bathurst St. 1st floor	Adults	7:00-9:30 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
Divorce Care	Tues Sept 20 - Dec	CCSYR - Richmond Hill		6:45 - 8:45	free / call	Catholic Community Services	Intake	905-770-7040 x 241
Eating Disorders of York Region - Art Therapy - 8 weeks		10155 Yonge St Richmond Hill		7:00 - 8:30	Free/C all for	Eating Disorders of York Region	www.edoyr.com	905-886-6632
Eating Disorders of York Region - Support for Family and Friends - 8 weeks		10155 Yonge St Richmond Hill	all ages	7:00-8:00	Free/C all for	Eating Disorders of York Region	www.edoyr.com	905-886-6632
Farsi Women's Support Group 8 sessions	Wed Oct 12 - Nov 30/11	OEYC 10610 Bayview Ave. Richmond Hill	women	6:30-8:30 pm	Free/C all for	Family Services York Region	Roya/Sharzad	905 883-6572
Focus on Fathers - - 6 sessions	Sat Nov 5 - Dec 10/11	CCSYR Richmond Hill	Adult	10:00 - 12:00 Noon	free/cal 1 to	Catholic Community Services	Intake	905-770-7040 x 241

Free Family Law Legal Clinic - Half Hour Appointments	Wed Oct 26/11	4600 Bathurst St. 1st floor	Adult	6:00-8:00 pm	Call for	Jewish Family & Child Service	Nancy	905-882-2331
Free Family Law Legal Clinic - Half Hour Appointments	Wed Dec 14/11	Promenade Mall Suite 313	Adult	6:00-8:00 pm	Call for	Jewish Family & Child Service	Nancy	905-882-2331

Healing Emotional Eating	Thurs Oct 13/11	10155 Yonge St Richmond Hill		6:30-8:30 pm		Eating Disorders of York Region	www.edoyr.com	905-886-6632
Healing Emotional Eating	Tues Oct 25/11	10155 Yonge St Richmond Hill		6:30-8:30 pm		Eating Disorders of York Region	www.edoyr.com	905-886-6632
High Conflict Divorce: 1 session	Wed Nov 2/11	4600 Bathurst St. 1st floor	Adult	7:00-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
How to Achieve a Good Divorce - 1 Sessions		4600 Bathurst St. 6th floor	Adult	7:00-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
LGBT Workshop - Creating the Life You Desire		FSYR -Attencance Centre		7-9:00 pm	free	LGBT Community Outreach Project	Barb Urman	
Lifeskills for Today's Woman - 6 sessions	Thurs Nov 10/11	4600 Bathurst St. 1st floor		7:00-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
Lifeskills for Today's Woman - 6 sessions	Tues Nov 8/11	4600 Bathurst St. 1st floor		7:00-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
Looking Ahead - 6 Sessions	Wed Dec 14/11	Promenade Mall Suite 313	Adult	7:00-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
Losing a Parent as an Adult - 6 Sessions	Tues Oct 25/11	4600 Bathurst St. 1st floor	Adults	7:30-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800
Loss of Adult Sibling - 6 sessions	Wed Nov 9/11	4600 Bathurst St. 1st floor		7:30-9:00 pm	Call for	Jewish Family & Child Service	intake	416-638-7800

RICHMOND HILL & THORNHILL								
PROGRAMS FOR CHILDREN AND YOUTH								

Child Anger Management & Parent Program 8 weeks	Winter 2012 TBA	FSYR Attendance Centre	8-12 yrs	6:00-7:30	\$100/parent & child, \$200/2	Family Services York Region	Intake	905-780-9927
Encouraging Heroes - 9 weeks Two groups one for parents and one for children (ages 8-11)	Mon Sept 26 - Dec 5/11	FSYR Attendance Centre 10909 Yonge St Unit 57	parent & child	6:30-8:00 pm	parent & child, \$180	Family Serices York Region	Intake	905-780-9927
Oak Ridges Ontario Early Years Centre Host Agency: YMCA www.ontarioearlyyears.ca		Richmond Hill Library		7:00-8:30	free	OEYC-	Lisa Mooy	905-883-6901
Oak Ridges Ontario Early Years Centre Host Agency: YMCA www.ontarioearlyyears.ca		Richmond Hill Library		7:00-8:30	free	OEYC-	Lisa Mooy	905-883-6901
Oak Ridges Ontario Early Years Centre Host Agency: YMCA www.ontarioearlyyears.ca		Richmond Hill Library		7:00-8:30	free	OEYC-	Lisa Mooy	905-883-6901
Oak Ridges Ontario Early Years Centre Host Agency: YMCA www.ontarioearlyyears.ca		10610 Bayview Ave Richmond Hill ON	0 to 6 yrs		free	OEYC-	Lisa Mooy	905-883-6901

Language
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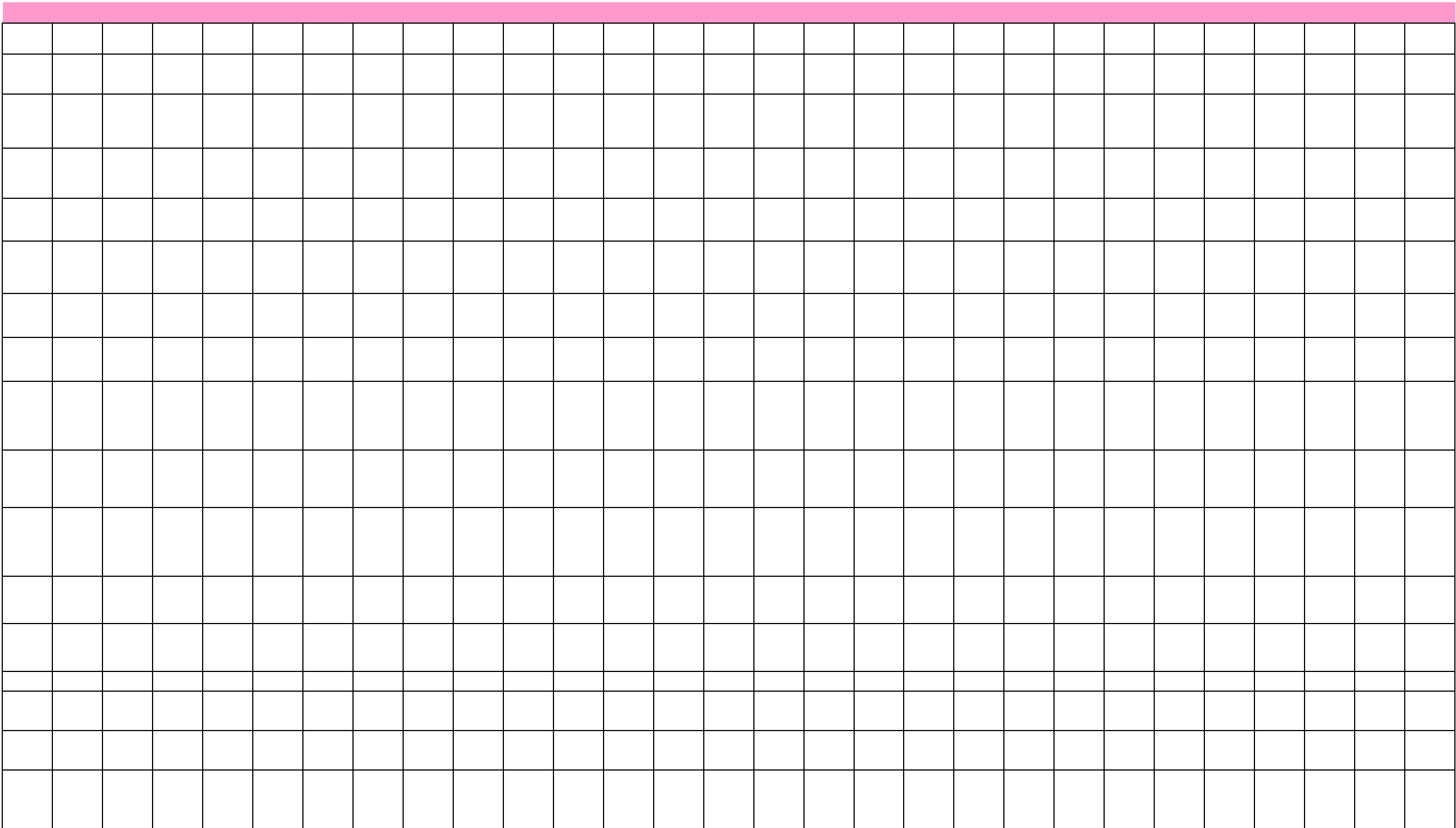
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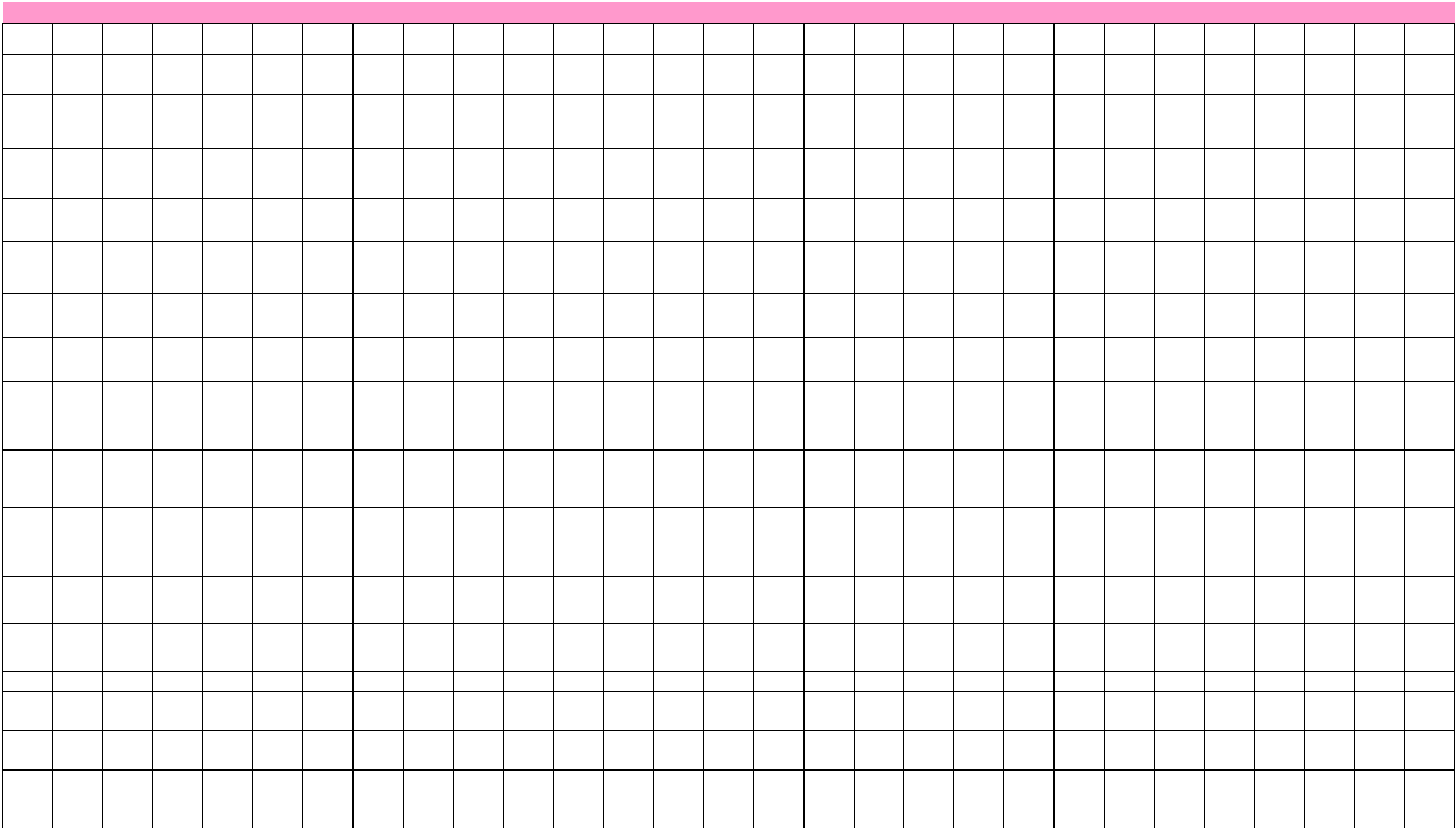
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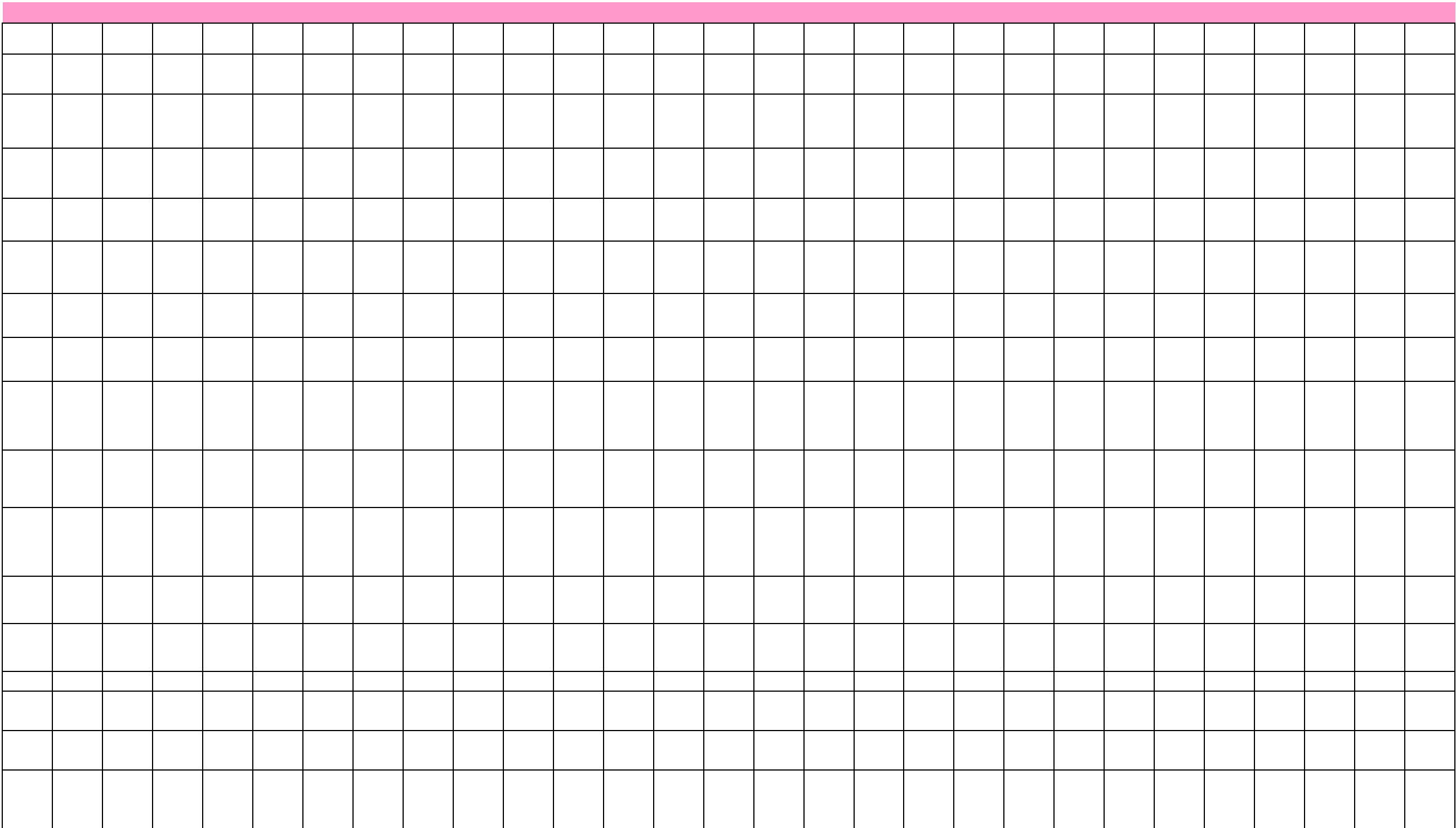
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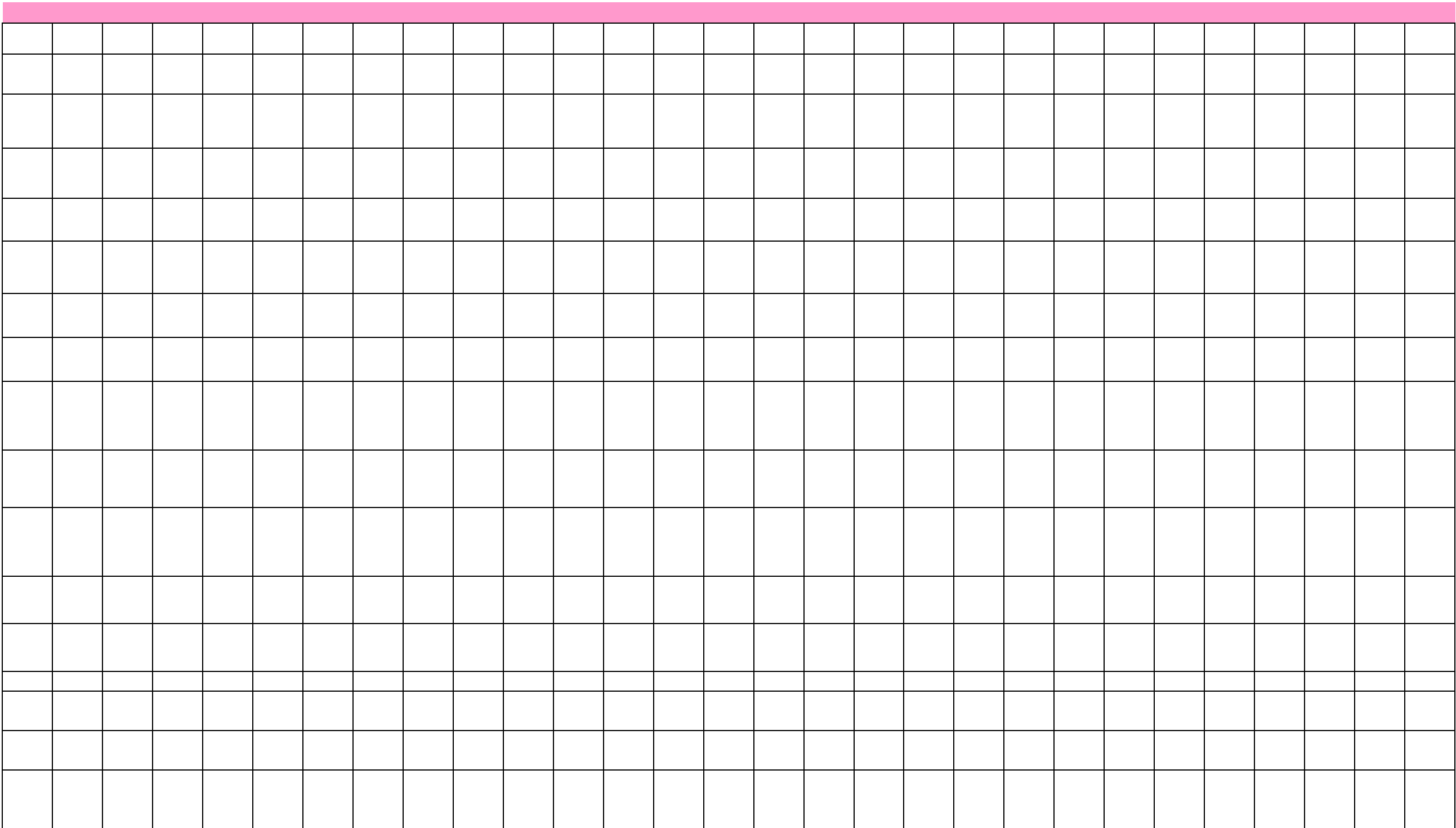
MAPLE / VAUGHAN									
Group	Date	Location	Age	Time	Cost	Provider	Contact #	Telephone #	Language
PROGRAMS FOR PARENTS									
AOK Early Child Development and Parenting Program	Sept - June	Creek PS Michael Cranny PS	0-6 years	9:39-11:30	free	Social Enterprises	Kim Thomson	1-866-404-2077	All Lanuages
AOK Early Child Development and Parenting Program - Goose Program	Sept - June	Maple Community Centre King City Library	0-6 years	M-10:15-12:15 W-11:00-12:45	free	Blue Hills	Helen	905-773-4323 x300	All Lanuages
AOK Early Child Development and Parenting Program - The Lunch Brunch	Sept - June	Maple Community Centre 10190 Keele St	0-6 years	T, Th, Sun 11:00-1:00	free	City of Vaughan	Burgess Klein	905-832-2377 x 7411	all Lanuages
Autism Spectrum Disorder Parent Support Group	1st Wed each Month	Vaughan Police Station 2700 Rutherford Rd	Any age	7:00-9:00 pm	free	Kerry's Place Autism Services Vaughan	Intake	905-713-6808 x 350	English
Brighter Beginnings - School readiness and arts, music, stories and creative play		Vaughan Community Health Centre 9401 Jane Steet Suite 206	2.5 - 5 years with parent required	9:30-11:30 am	call to register	Community Health Centre	Kelly	905-303-8490 ex 153	English
Eating Disorders of York Region - Healing Emotional Eating - 8 weeks		160 Cidermill Ave # 24 (Jane St south of Langstaff Rd)		7:30-8:30 pm	call to register	Eaging Disorders of York Region	www.edoyr.com	905-886-6632	English
Eating Disorders of York Region - Release the Restriction - 8 weeks		160 Cidermill Ave # 24 (Jane St south of Langstaff Rd)		6:30-7:30 pm	call to register	Eaging Disorders of York Region	www.edoyr.com	905-886-6632	English
Triple P Positive Parenting Group 8 weeks For parents of children age 2.5-7 yrs		Dr. Roberta Bondar PS 401 Grand Trunk Ave. Maple, ON	for parents of children 2.5-7 years old	limited child minding available	free call to register	Blue Hills Child & Family Centre	Screening Department	905-773-4323 press 0	English
Triple P Positive Parenting Workshop TBA School age children age 5-10		Vaughan Community Health Centre 9401 Jane Steet Suite 206	of children 2.5-4.5 years of age	5:30-7:30 pm	free call to register	Family Centre and Vaughan Community Health Centre	Kelly Lo	905-303-8490 ex 153	English
Triple P Positive Parenting Workshop Raising Responsible Teenagers for parents with young teens in grade 8		Vaughan Community Health Centre 9401 Jane Steet Suite 206	for parents of children 2.5-4.5 years of age	5:30-7:30 pm	free call to register	Blue Hills Child & Family Centre and Vaughan Community Health Centre	Kelly Lo	905-303-8490 ex 153	English
Welcome Centre Immigrants Services		9100 Jane St. Building H Units 56-67 Vaughan	all ages	Monday to Saturday	free	info@welcomecentr.ca		905-761-1155	All Lanuages
Young Parent Program	Mondays	Ontario Early Years Site 140 Woodbridge Avenue	under 25	2:30-4:30pm	call to register	Services for Young Mothers	Darla Wegman	905-853-5514 x 231	English
PROGRAMS FOR ADULTS									
Making Changes Group 10 wks		Maple Library		1:15 - 3:30		Women's Centre of York Region	info@wcyr.ca	905-853-9270	
Improving Body Image	Mon Oct 3/11	75 Fernstaff Court, Unit 18, Vaughn (Duff & Major Mac)		4:30 - 5:30		Eating Disorders of York Region		905-886-6632	
On a Healthy Track		Vaughan Community Health Centre 9401 Jane Steet Suite 206	seniors	1:00-3:00 pm	free / call to register	Vaughan Community Health Centre	Sajan	905-303-8490 x 150	

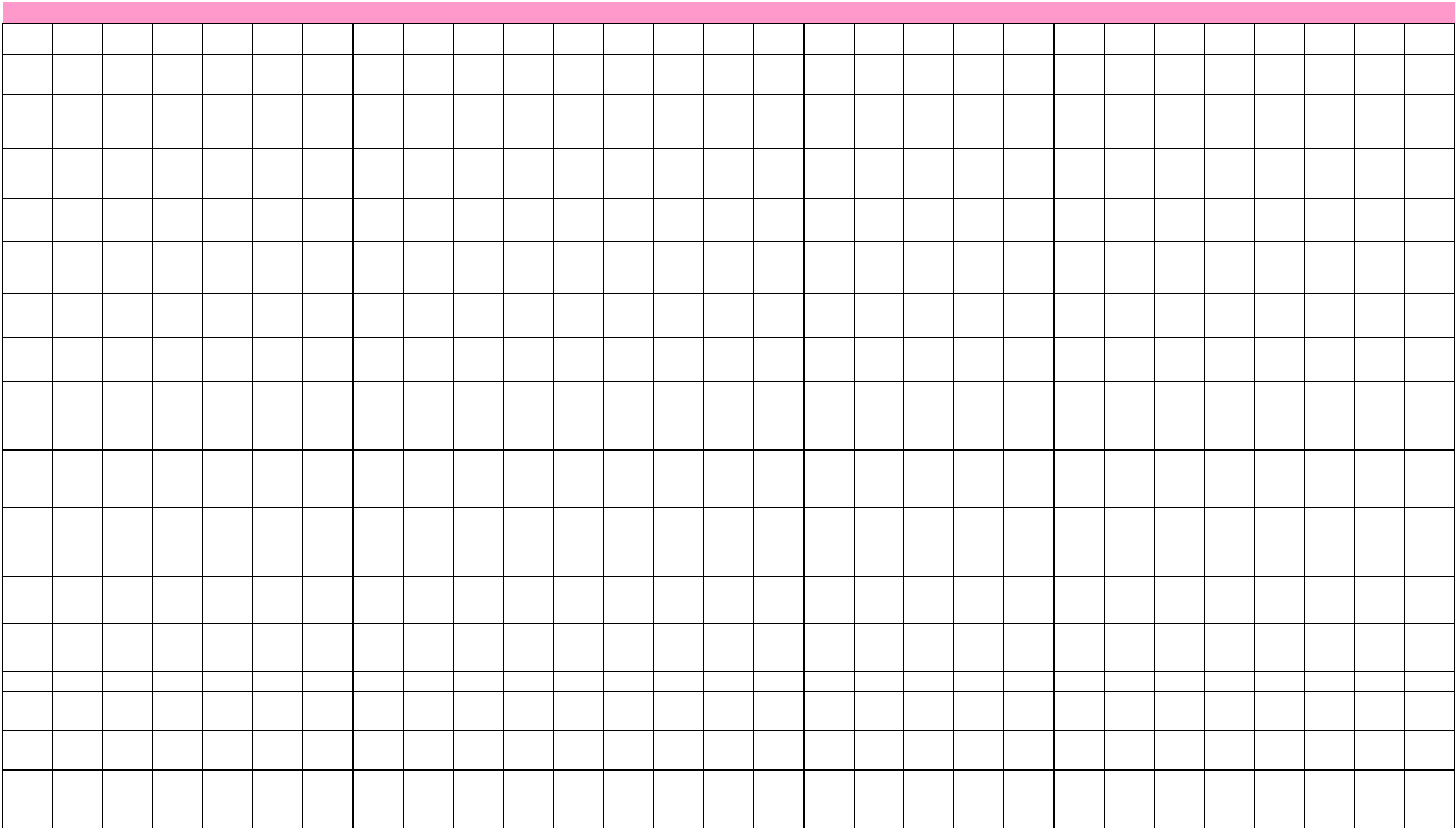
South Asian Women's Support Groups in Urdu, Punjabi, Hindi & English	Mondays, Sept - Dec/11	Teston Village public School, Maple	women	12:30 - 2:30 pm	Free	Family Services York Region	Bushra Upal	416-818-7075	Urdu, Punjabi, Hindi & English
Women's Wellness Program -		Vaughan Community Health Centre 9401 Jane Steet Suite 206	women	10:00-11:45 am	free call to register childcare available	Vaughan Community Health Centre	Marlene	905-303-8490 x 152	
York Region Day Treatment & Mobile Services (for students)		Maple				ASD Mobile Service	John Waller	905-585-9268	
Youth LINK Drop in		Vaughan Community Health Centre 9401 Jane Steet Suite 206	Youth	3:30-6:00 pm	free / call to register	Vaughan Community Health Centre	Stacey	905-303-8490 x 151	
OTHER PROGRAMS									
Emergency Food Boxes		New Hope United Church							
Vaughan-King-Aurora Ontario Early Years Centre www.ontarioearlyyears.ca		140 Woodbridge Ave Unit E400 Woodbridge ON	0 to 6 yrs		free	OEYC-	Joan Brenton	905-856-5511	
Supervised Access Program	Saturdays	Vaughan Child Care Centre	0-18 yrs	9:30-5:00pm	\$50 admin & \$25/	Social Enterprises		1-866-243-9925 x 5307	

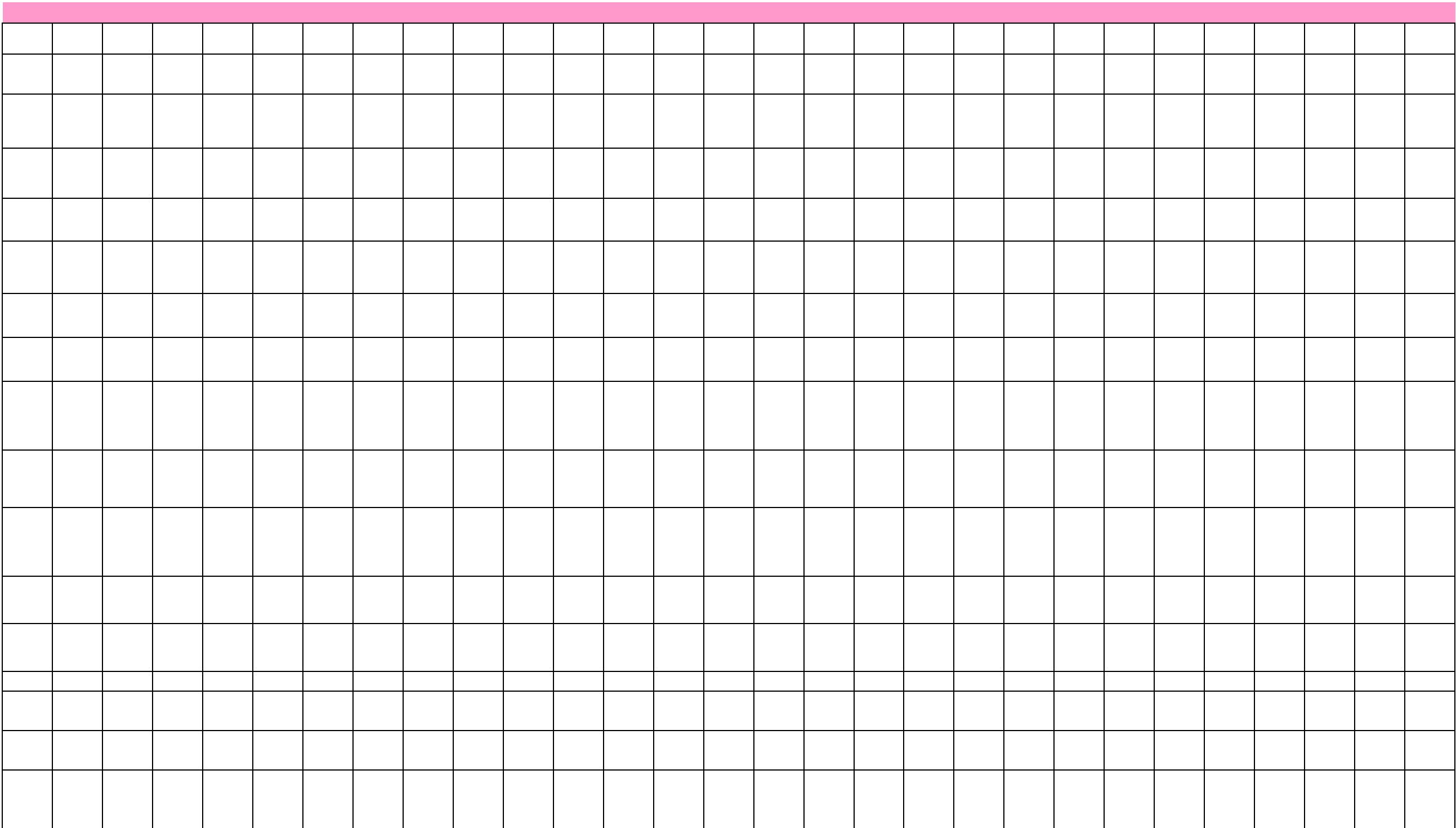


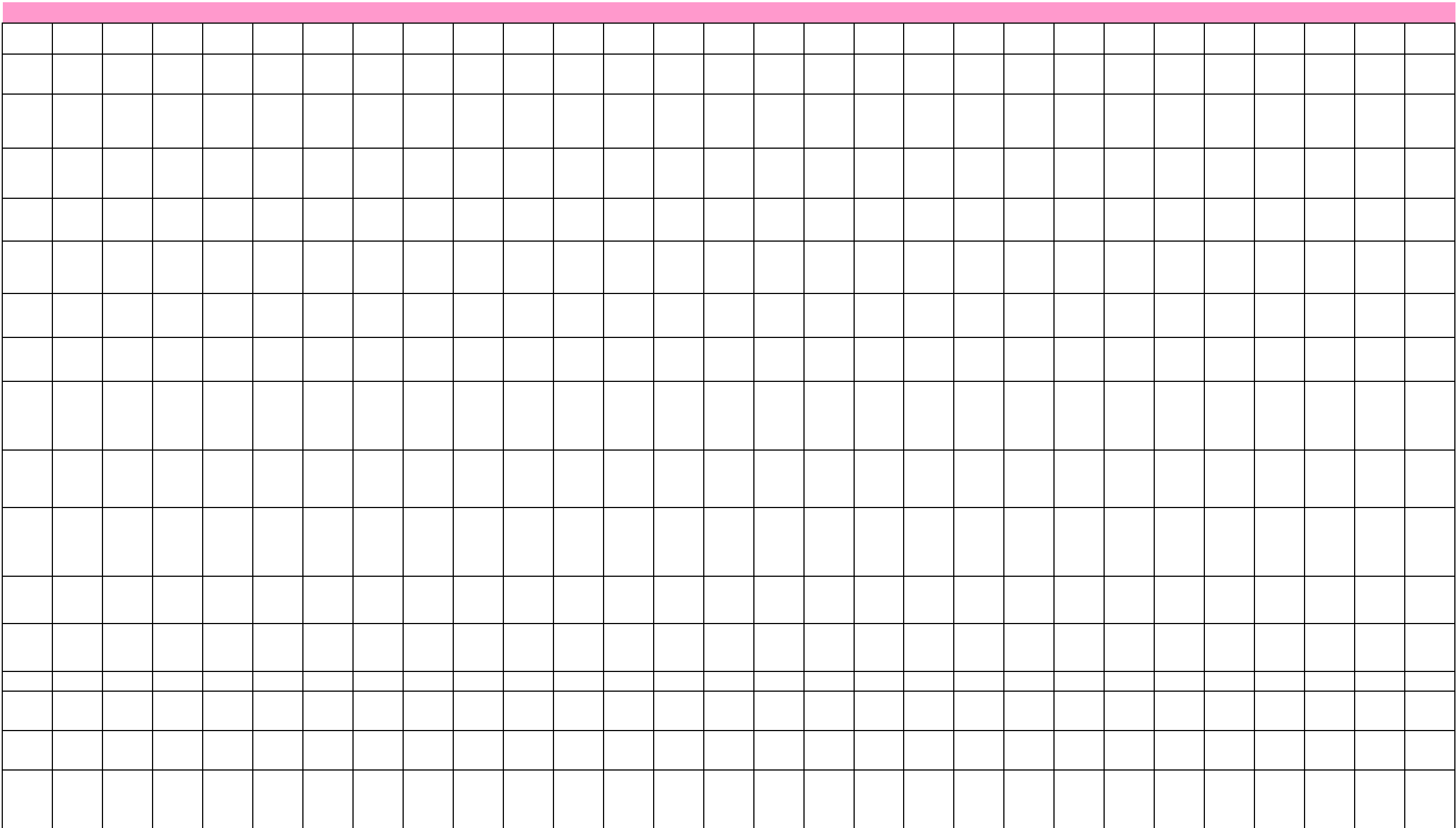


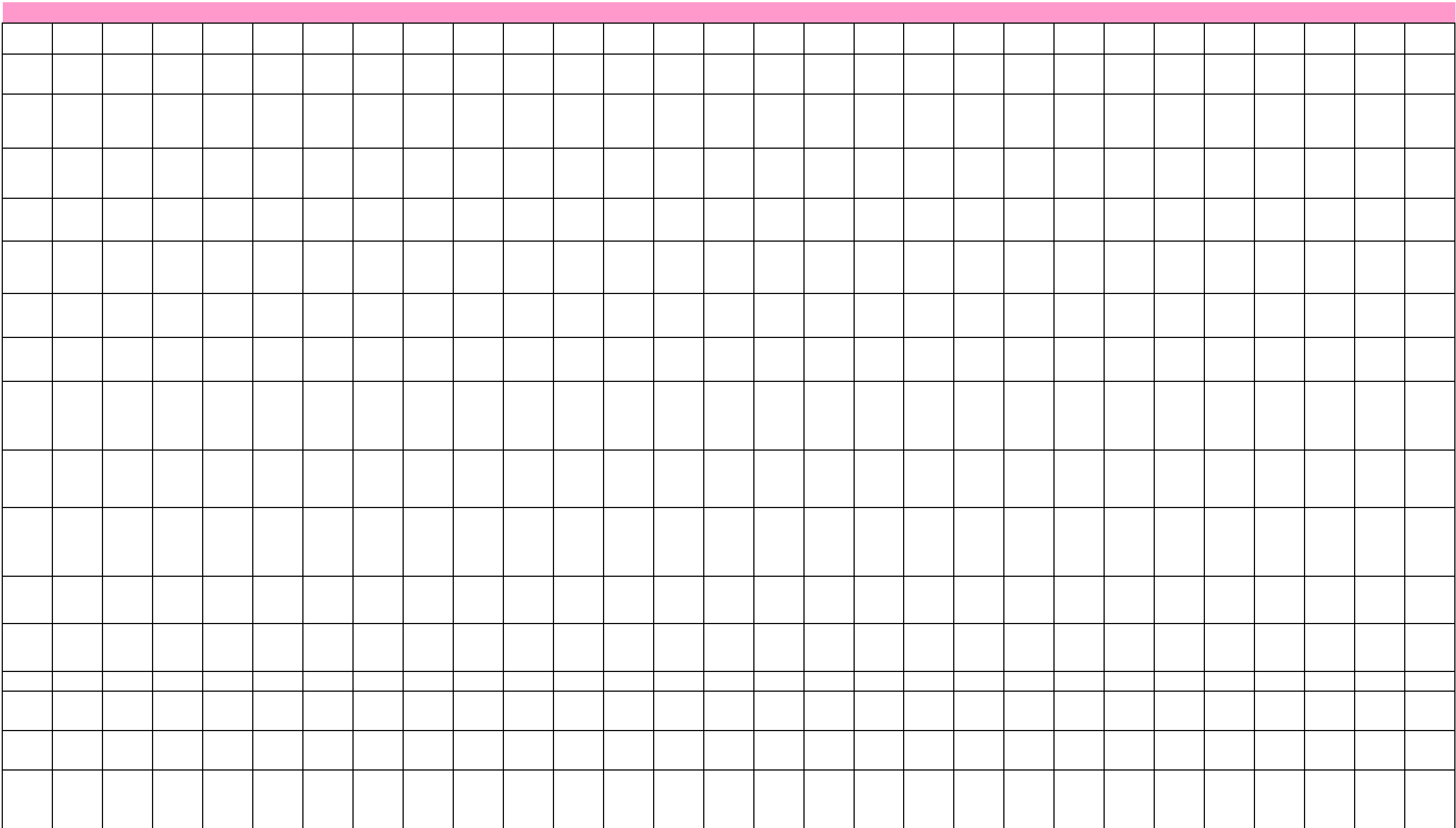












For General Information	email address		phone #	fax #
Addiction Services of York Region	www.asvr.ca		905-841-7007 ex 322	
Bereaved Families	www.bfovr.com		905-898-6265	
Blue Hills Child and Family Centre	www.bluehillschildandfamily.ca		905-773-4323	
Catholic Community Services - CCSYR	www.ccsyr.ca		905-770-7040 ex 230	
Children's Treatment Network ACCESS	www.ctn-simcoeyork.ca		1-866-377-0286	905-952-2412
Costi	www.costi.org		905-669-5627	
Credit Canada	1-800-267-2272		416-228-3328	
Eating Disorders of York Region	www.edoyr.com		905-886-6632	
Family Services York Region	www.fsvr.ca		905-895-2371	905-895-2389
Health Connections	www.triplepinorkregion.ca		1-800-361-5653	
Jewish Family & Child Services	www.jfandcs.com		905-885-4775 ex 330	
Kerry's Place Autism Services	www.kerrysplace.org		905-713-6808 x 350	
Kinark Child and Family Services	www.kinark.on.ca	joanna.manos@kinark.on.ca	1-888-454-6275	
LGBTQ Information	burman@fsvr.ca		1-888-967-5542	
Ontario Early Years Centres - OEYC	www.ontarioearlyyears.ca			
Region of York	www.york.ca		905-713-0700	
RHEACH & Together for Maple - Compass Planning Tables				
The York Centre	www.theyorkcentre.ca		905-887-5896 ex 298	
Vaughan Community Health Centre	www.vaughanhealthcarehc.com		905-303-8490 ex 153	
Womens's Centre of York Region	info@wcyr.ca		905-8539270	
Yellow Brick House	www.yellowbrickhouse.org		1-877-222-8438	
York Region Abuse Program	www.vrap.ca		905-853-3040	
York Regions Public Health - Health Connections	www.york.ca/parenting		1-800-361-5653	